## MASON COUNTY INDOOR TRACK PRACTICE SCHEDULE FEBRUARY/MARCH 2020

All athletes must have a valid sports physical before they can practice

Practice time: 3:45 to 5:45 PM

3/5/20

Any changes will be texted and emailed to parent/athlete groups – be sure you are a member

2/3/20 2/4/20 2/5/20 2/6/20 2/8/20 MS/HS INDOOR MEET @ HOME 2/9/20 1:00 TO 5:00 PM VARSITY WELLNESS SEMINAR @ STEAM 2/10/20 OFF – 8<sup>TH</sup> GRADE OPEN HOUSE AT STEAM 2/11/20 2/12/20 2/13/20 2/15/20 MS/HS INDOOR MEET @ HOME 2/17/20 Students out of school but will still practice on a normal schedule 2/18/20 2/19/20 2/20/20 2/22/20 MS/HS INDOOR MEET @ HOME 2/24/20 2/25/20 2/26/20 Mandatory Drug Seminar @ HS For Varsity Athletes that have not attended yet \* 2/27/20 2/29/20 MS/HS INDOOR MEET @ HOME 3/2/20 3/3/20 3/4/20

3/7/20 MS INDOOR STATE MEET 9 AM HS INDOOR STATE MEET 3 PM

<sup>\*</sup>Mandatory Drug Seminar is held immediately after school at the HS. Athletes needing to attend will be excused from practice and should be picked up at the HS. If 2/26/20 is a conflict, there are 3 alternative dates. 2/25/20, 3/2/20, and 3/3/20.